

Monday

Kids Yoga Grades 1st - 5th Mrs. Keely Totten 3:00- 4:00

Mrs. Keely Totten, E-RYT 500, is a local yoga teacher (and St. Rita mom) who teaches local classes, facilitates retreats and works privately with clients one-on-one in her studio .Build awareness, balance, and breath through a fun, dynamic yoga class. Yoga is a rich ancient practice that nurtures the body, tames the mind and creates connection. This class will give kids some tools to self-regulate, build concentration and create strength and flexibility. **Class size is Limit 12 students**

Tuesday

Dodge Ball Grades 1st -6th Mr. Patrick Hayes

The Dodge Ball program is a fun and exciting way for kids to develop their motor skills and hand-eye coordination. This is a great way so get out all the extra energy after school. Our emphasis is on sportsmanship and learning the rules of the game.

Class size is limited to 16 students on a first come first serve basis.

Jr. Robot Building Workshop! K-6th Parker Anderson

Build 3 awesome robots to take home: the Box Bug, Box Robot, and Box Dino! Learn engineering principles such as gears, wheels, and axles as you design amazing robots to battle against others in becoming the Battle-Bot Champion! (Robots subject to change based on availability) **Parker Andersn sign up online at www.parker-anderson.org**

Wednesday

Cooking grades K-8 Mrs. Khraich 3:00 -4:00

In this scrumptious class, kids will tantalize their taste buds and have fun with food! Different recipes each week with a Springtime theme flavor! Learn the math of measuring, nutrition, dining etiquette and cooperation skills. We will have lots of fun with making all different delicious recipes!

Class size is limited to 14 students on a first come first serve basis.

Chess Club grades 1-8 Coach Jeff

Class size will be limited to 12 on a first come first serve. Chess teaches kids how to analyze strategic situations. By getting kids to focus, concentrate, anticipate, and evaluate, Chess can help your child to develop abstract thinking skills. Chess also teaches your child to plan, organize, and multi-task as they are thinking. Best of all, coach Jeff is a certified instructor and will make it interesting and fun. Sign up today! Lessons will make chess interesting and fun for all students. Continuing and new students are welcome. Weeks of after-school chess consisting of a group lesson, playtime/tournament and one-on-one instructions during playtime.

Thursday

Karate K-8 Mr. Justin Barra of SoCal Kenpo Karate Sierra Madre

Whether you are trying karate for the first time or have worked your way through belt levels, come practice with experienced karate teacher Mr. Justin Barra and develop life skills that will help you on and off the mats. SoCal Kenpo is dedicated to helping each child develop self-confidence, learn to express themselves through movement and achieve their individual goals with a focus on respect, perseverance and trust. This fun and approachable class is a structured introduction to the Kenpo system with a focus on developing good technique for self-defense. Through mastery of self-defense skills, students continuously develop their bodies and minds. Learn more about the instructor and what to expect from this class at www.socalkenpokarate.com. **Class size is limited to 10 students**

Chem Kidz! K-6th Parker Anderson

Chemistry is amazing! Conduct physical and chemical experiments and learn what makes them work. Make your own desiccators and Elephant Toothpaste, grow copper sulfate crystals, and get ready for an instant snowstorm! All reactions are done outdoors and students wear protective goggles. **Parker Andersn sign up online at www.parker-anderson.org**

Friday TK-8 Tessa of Lucky Ducks Academy of Dance

Be a part of the creative world of dance! Learn the fundamentals of Ballet, Hip-Hop, Tap, Modern, and International Dances. Children learn to let go of everyday stress, and dive into pure fun by learning new weekly routines. Learn new and exciting dances while wearing our cowboy hats, using maracas, and various other props and costumes. What pure joy it is to witness each child's self-confidence build with each passing week. Dance helps build cognitive development, positive social skills, discipline, physical development and emotional maturity.